

Measurement Comparison Matrix

Scale alone vs. Scale with Tanita Health Ware™ Software

Readings	Compatible Products		BC-418		SC-331S		SC-240 SC-240IM (Ironman)		BF-350		TBF-215GS, TBF-300A TBF-300WA, TBF-310GS & TBF-410GS		PW-630U		WB-3000plus WB-3000 PH-740		WB-8000RW	
	Scale	Software	Scale	Software	Scale	Software	Scale	Software	Scale	Software	Scale	Software	Scale	Software	Scale	Software		
Standard Readings																		
Weight	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
BMI	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
FAT %	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
FAT Mass	✓	✓	✓	✓		✓		✓		✓		✓						
Fat Free Mass (FFM)	✓	✓	✓	✓		✓		✓		✓		✓						
Muscle Mass			✓	✓		✓		✓										
Physique Rating (Body Type)			✓															
Total Body Water Mass	✓	✓	✓	✓		✓		✓		✓		✓						
Total Body Water %		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
BMR	✓	✓	✓	✓		✓		✓		✓		✓						
DCI		✓		✓		✓		✓		✓		✓						
Metabolic Age			✓	✓		✓		✓										
Bone Mass			✓	✓		✓		✓										
Visceral Fat Rating			✓	✓		✓		✓										
Impedance	✓	✓	✓	✓		✓		✓		✓		✓						
Segmental Readings																		
Segmental - FAT %	✓	✓																
Segmental - FAT Mass	✓	✓																
Segmental - Fat Free Mass (FFM)	✓	✓																
Segmental - Muscle Mass (PMM)	✓	✓																
Segmental - Impedance	✓	✓																
Data Analysis																		
Analysis - BMI		✓	✓	✓		✓		✓		✓		✓		✓		✓		
Analysis - Body Fat		✓	✓	✓		✓		✓		✓		✓						
Analysis - Total Body Water %		✓	✓	✓		✓		✓		✓		✓						
Analysis - Visceral Fat Level			✓	✓														
Analysis - BMR			✓															
Analysis - Muscle Mass			✓															
Additional Information																		
Graph Function		✓	✓	✓		✓		✓		✓		✓		✓		✓		
Target (Goal) Weight		✓	✓	✓		✓		✓		✓		✓		✓		✓		
Target (Goal) BMI		✓	✓	✓		✓		✓		✓		✓		✓		✓		
Target (Goal) Body Fat%	✓	✓	✓	✓		✓		✓		✓		✓						
Target (Goal) Water		✓	✓	✓		✓		✓		✓		✓						
Ideal Body Weight			✓	✓		✓		✓										
Degree of Obesity			✓	✓		✓		✓										
BMR Score				✓		✓												
Muscle Score				✓		✓												
Printing		✓	✓	✓		✓		✓		✓		✓		✓		✓		