

## **BF-680W** Body Fat / Body Water Monitor



Popular body fat / body water scale Monitor daily hydration Includes weight-only feature Includes special mode for athletes Memory function for 2 individuals

Tanita's BF-680W Body Fat / Body Water Monitor features weight, body fat %, and body water %, with a two-person memory. It provides greater control over monitoring and improving health and fitness, as well as, essential information for you to use while setting goals, for staying healthy and living a more active, vital life. This monitor calculates body fat and body water levels using bioelectric impedance analysis (BIA); sending a safe, low-level electrical signal through the body.

Tanita's Body Fat / Body Water Monitors use a FDA cleared method of bioelectrical impedance analysis (BIA), a highly reliable method of analyzing body composition that can be done at home in a matter of seconds. BIA is based on a person's height, weight and the strength and speed at which a safe, low-level electrical signal passes through the muscle and fat in the body. Electrodes built into the patented "foot-pads" sends the signal through the body.

## Measurements Include:

- ✓ Weight
- ✓ Body fat %
- ✓ Body water %

## Specifications:

- ✓ Capacity: 300lb (136 kg)
- ✓ Weight increments: 0.2lb (0.1kg)
- ✓ Body Fat Increments: 0.1%
- ✓ Body Water Increments: 0.1%
- ✓ Easy-to-read 2.25" 2-line display
- ✓ 2 person memory with Athlete Mode
- $\checkmark$  Recall function: weight and body fat %
- ✓ Power Supply: 4 x AA batteries (included)
- ✓ Dimensions: 12.2" x 11.8" x 1.8"
- ✓ Weight: 5.3 lb

