

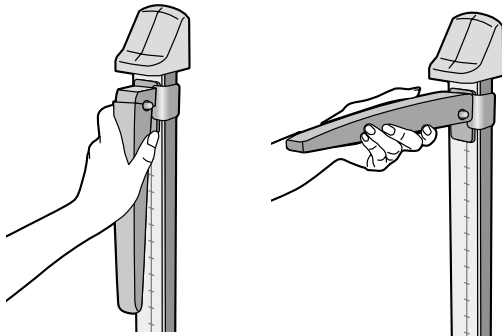
Measuring height procedure

Always have someone assist the user for accurate measurement.

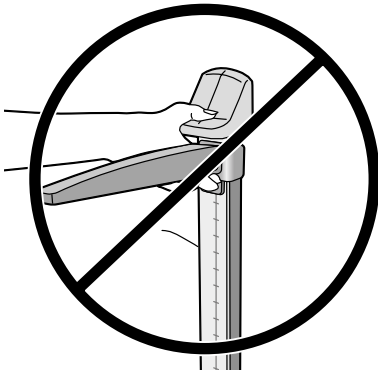
1) Adjust the Height Rod Arm position before taking the measurement. Place hand on the Height Rod Arm.

If the subject is taller than 48" / 120 cm, pull the Height Rod Sliding Block and Height Rod Arm at the same time upward so that the arm is positioned higher than the subject's head.

If the subject is shorter than 48" / 120 cm, move the Height Rod Arm down.



Correct way to hold the Height Rod Arm



To avoid danger of breaking or coming loose, you must hold the height rod arm securely.

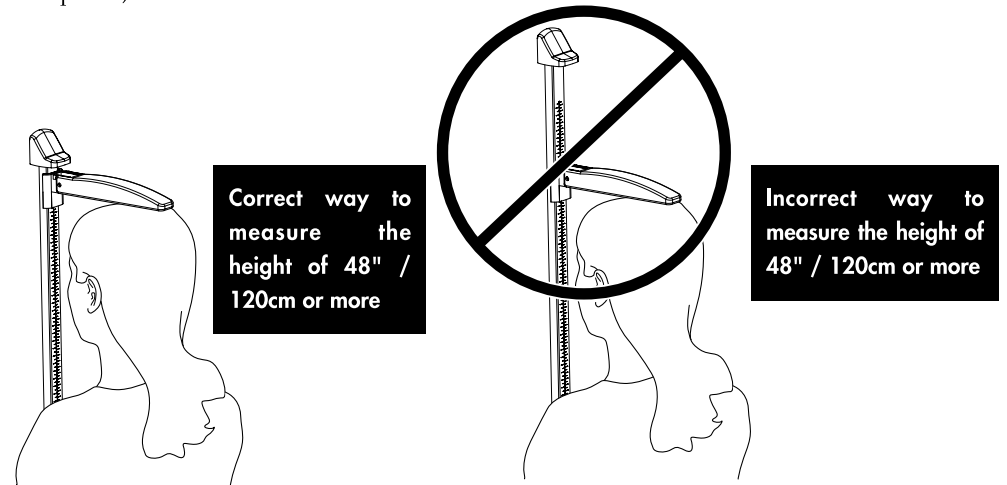
Incorrect way to hold the Height Rod Arm

2) Gently lower the Height Rod Arm until the Height Rod Arm touches the very top of the user's head.

3) Read the measurement.

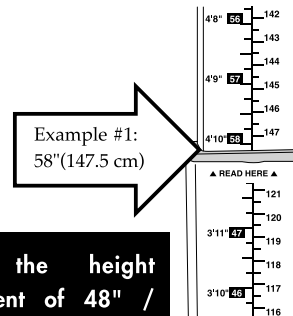
If the subject is taller than 48" / 120 cm, read the number just above the top of the Upper Pillar Column (see example #1).

If the subject is shorter than 48" / 120cm, read the number below the Height Rod Arm (see example #2).



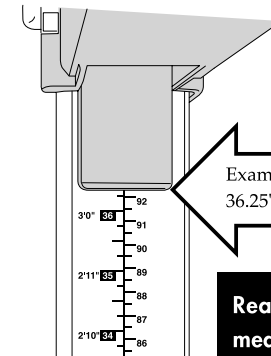
Correct way to measure the height of 48" / 120cm or more

Incorrect way to measure the height of 48" / 120cm or more



Example #1:
58"(147.5 cm)

Reading the height measurement of 48" / 120cm or more



Example #2:
36.25" (92 cm)

Reading the height measurement of 48" / 120cm or less