

ANT-WiFi Network Adapter

For use with Tanita ANT+ Wireless Body Composition Platforms



There are 2 methods of connecting to the Tanita Wi-Fi Network Adapter:

1. Private Network – No existing wireless network present
2. Existing Network (Recommended)– through an existing wireless network(using a Wi-Fi router)

Note: To update My Tanita website data, you need to use the Existing Network method. Make sure to go to my.tanita.com first and create a new account.

Mac users skip to page 5.



1. Private Network

1. Plug the Tanita Wi-Fi Network Adapter into an outlet. When the ANT scale is detected the ANT light will turn green (wait approximately 30 sec.). If the ANT light is RED on the Tanita Wi-Fi Network Adapter your scale is too far (over 17 feet) and you need to move it closer to the Tanita Wi-Fi network Adapter. The Wi-Fi light on the Tanita Wi-Fi Network Adapter will be blinking(private network mode).
2. Using your iPod Touch, iPhone or iPad go to the Home Page Settings, Wi-Fi and select “TanitaWiFi” and press the home button.



3. Open the Tanita WiFi Lite App go to Settings, Profile and enter your profile information, press Settings. (If you don't have the App you can downloaded for free from the App Store or from iTunes.)
4. Click on Measurements and press Get New to get a new measurement.
5. When the scale light blinks green, step on the scale and wait until you hear 2 beeps.
6. You should now see your body composition readings in your App, press Save.
7. You can now view your measurements and graphs in your App.
8. From now on to get a new reading you can simply open the App and press Get New.

2. Existing Network

1. Plug the Tanita Wi-Fi Network Adapter into wall outlet
2. Using your iPod Touch, iPhone or iPad go to the Home Page Settings, Wi-Fi and select “TanitaWiFi”, press the home button.



3. Open Safari and enter 170.20.50.1 in the address line and press Go
4. You will now see the Tanita splash screen
5. Click “Network”
6. Select “Existing Network” and locate your network name in the drop-down list

7. If you have security on your Wireless router select the security from the drop-down list and enter the security code, press Save.
8. Your network settings will now change to the existing network. Once the Tanita Wi-Fi Network Adapter’s Wi-Fi light turns from red to green click OK (approximately 30 sec.). The light should now be solid green (existing network mode).



IMPORTANT NOTICE: write down the new IP Address you will need to know this for connecting later _____:_____:_____

9. Now using your iPod Touch, iPhone or iPad go to the Home Page Settings, Wi-Fi and select your Wi-Fi Router not “TanitaWiFi”, and press the Home button.
10. Open Tanita WiFi Lite App click on Settings, Scales, BC-1000 and change the IP address to your new ip address (from step 8) and press save.
11. In Tanita Wi-Fi Network Adapter’s Settings click Server, MyTanita and enter the username and password you created in my.tanita.com to automatically upload your readings to the online server, press Save.
12. In the Tanita Wi-Fi Network Adapter go to Settings, Profile and enter your profile settings, press Settings.
13. Click on Measurements and press Get New to get a new measurement.
14. When the scale light blinks green, step on the scale and wait until you hear 2 beeps.
15. You should now see the readings in your App, press Save. Your readings will also be uploaded automatically to my.tanita.com for viewing online.
16. From now on to get a new reading simply open your App and press Get New.

Mac Users

1. Private Network

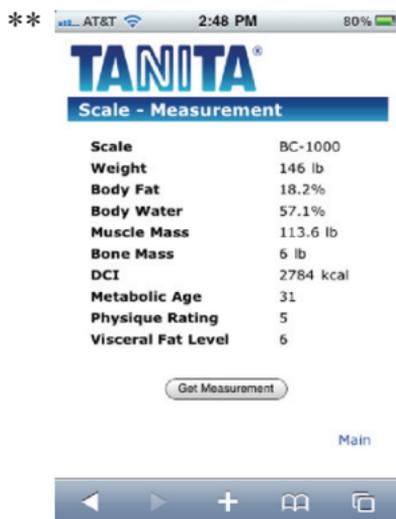
1. Plug the Tanita Wi-Fi Network Adapter into an outlet. When the ANT scale is detected the ANT light will turn green. If the ANT light is RED your scale is too far (over 17 feet) and you need to move it closer to the Tanita Wi-Fi Network Adapter. The Wi-Fi light on the Tanita Wi-Fi Network Adapter will be blinking (private network mode).
2. Using your Mac go to your Wi-Fi settings and select “TanitaWiFi”
3. Open Safari and enter 170.20.50.1 in the address line
4. You should now see the Tanita splash screen
5. Next you will see the Profile screen

The screenshot shows a mobile device interface for the Tanita Scale - Profile screen. At the top, the status bar displays "AT&T", signal strength, Wi-Fi, time "4:44 PM", and battery level "68%". The main header features the "TANITA" logo in blue and the title "Scale - Profile" in white on a blue background. Below the header, the form includes the following fields and options:

- Username:** Text input field with "my.tanita.com" as a placeholder.
- Password:** Text input field with "my.tanita.com" as a placeholder.
- Gender:** Radio buttons for "Female" (selected) and "Male".
- Birthday:** Date input field with "(mm/dd/yyyy)" as a placeholder.
- Units:** Radio buttons for "English" (selected) and "Metric".
- Height:** Two input fields for "ft" and "in".
- Activity Level:** A dropdown menu currently set to "Moderate".
- Body Type:** Radio buttons for "Standard" (selected) and "Athlete".
- Measure:** A dropdown menu currently set to "Body Composition".

At the bottom of the form are two buttons: "Save" and "Cancel". Below the form is a standard mobile navigation bar with a back arrow, a forward arrow, a plus sign, a book icon, and a home icon.

6. Enter your profile information and click save.
7. On the next screen press Get Measurement.
8. The screen* will state that the information was sent to the scale.
When the light on the scale blinks green, step on the scale.
9. When the measurement is complete your results will be displayed on the screen**.
10. To get another reading click “Get Measurement”



2. Existing Network

1. Plug the Tanita Wi-Fi Network Adapter into wall outlet
2. Using your Mac go to your Wi-Fi settings and select “TanitaWiFi”



3. Open Safari and enter 170.20.50.1 in the address line
4. You will now see the Tanita splash screen
5. Click “Network”
6. Select “Existing Network” and locate your network name in the drop-down list

7. If you have security on your Wireless router select the security from the drop-down list and enter the security code.
8. Your network settings will not change to the existing network. **IMPORTANT NOTICE:** write down the new IP Address you will need to know this for connecting later



9. Once the Tanita Wi-Fi Network Adapter's Wi-Fi light turns from red to green click OK

10. Now using your Mac go to your Wi-Fi settings and select your Wi-Fi ROUTER not TanitaWiFi.



11. Open Safari and enter the new IP Address (from step 8) in the address line not 170.20.50.1

12. Click on Profile, enter your profile information and click save

13. Click Get Measurement. After your measurement is complete your results will be displayed you can click Get Measurement to take another reading or press view history to go to my.tanita.com website.

Troubleshooting

1. If you forget your new ip address insert a paper clip in the reset hole on the side of the Tanita Wi-Fi Network Adapter, next to the label stating “switch to default network”. This will reset the Tanita Wi-Fi Network Adapter back to its original IP address of 170.20.50.1.