TANITA
Weight and Body Fat Tracking Chart for Children

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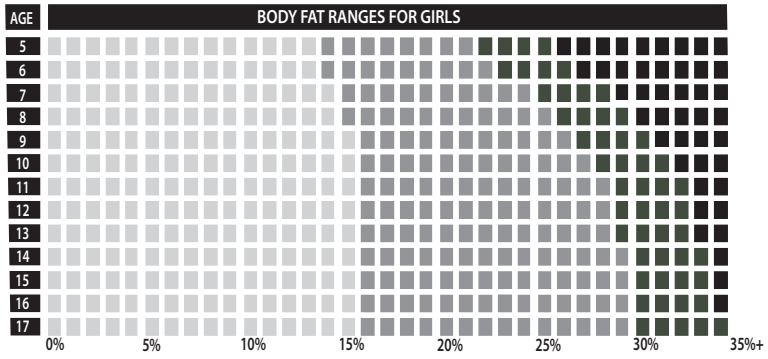
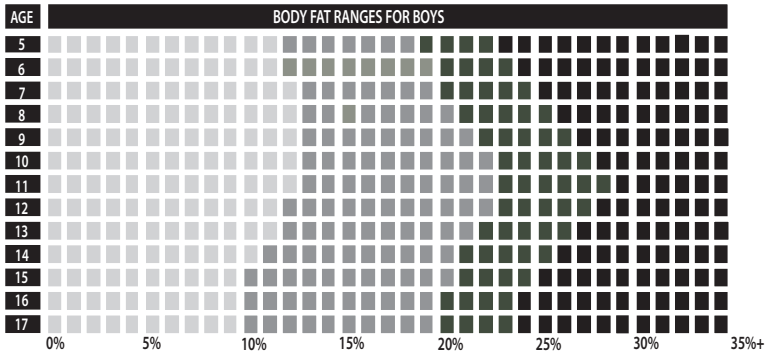
NAME: _____ MODEL #: _____

DATE	TIME	Weight	Body Fat %

DATE	TIME	Weight	Body Fat %

DATE	TIME	Weight	Body Fat %





Jebb S. McCarthy D. Fry T. Prentice AM (2004). New body fat reference curves for children. Obesity Reviews (NAASO Suppl). A156.

UNDERFAT	HEALTHY	OVERFAT	OBESE

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